

**San Diego City Schools
Wellness Program
Asthma Resource List**

1. Authorization for asthma education or an asthma management program must be obtained from the health plan or medical group. The student's primary care physician must be involved in the decision to refer to such programs.
2. Please encourage the student's primary care physician to utilize programs the student may have access to base on health plan/medical group.
3. For students who do not have a physician or insurance, please refer to Open Airways or Children's ADM program for assistance.

Medical Managed Care Plans:	Community Providers:
Blue Cross 1-800-407-4627 x3581 Can access Children's ADM Program	American Lung Association Open Airways: 619-297-3901 Contact: Leslie Ascencio
Community Health Group 1-800-224-7766 Can access Children's ADM Program	Children's Hospital & Health Center Asthma Disease Management Program: 858-495-4941 x3533 Rose Baxter, RN/RT Case Manager
Health Net Education Info Line: 1-800-804-6074 Medi-Cal Educator: 619-521-4932 Classes, videos, handouts	Kaiser Permanente Health Educator: 619-641-4185 Contact Connie Zaragoza Asthma eucation For Kaiser mmbbers
Kaiser Health Educator: 619-641-4185 Classes (children and adults) peak flow meters, spacers	Mid-City Clinic Educational material and outreach 619-563-250 x2615 Contact: Beth Mozo
Sharp Advantage 1-800-359-2002 Classes (children and adult) asthma information case management, peak flow meters, spacers Can access Children's ADM Program	Naval Medical Center, San Diego Pediatric Asthma Education for Parents Contact LTJG Carey Chopko: 619-532-8819
UCSD Health Plan Health Educator: 619-294-6056	
Universal Care Health Educator Department: 1-800-635-6668 x5055 Classes, newsletter, peak flow meters, case management, asthma information	

Asthma Resource Web Sites:

www.gazoontite.com

www.SchoolAsthmaAllergy.com

www.aaaai.org (American Academy of Allergy, Asthma and Immunology)

www.niaid.nih.gov (National Institute of Allergy and Infectious Disease)